

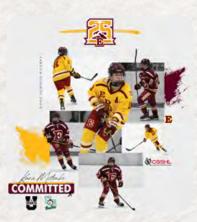
#### THE EDGE EXPRESS

JAN 2025

#### **Post-Secondary Signing Spotlight**









We have four more student-athlete post-secondary committments that we are very proud to share:

Jaselyn Hojnocki (U18 Female Prep) has committed to Mount Royal University.

Jaselyn is in her second season with our Female Prep program, playing in 49 CSSHL regular season games in maroon and gold. "Jaselyn has a quiet, kind presence about her," says Female U18 Prep Head Coach, Annette Jensen. "She always shows up focused and ready to work, and her ability to be unphased no matter the circumstance demonstrates a type of leadership that everyone around her can count on. I know that Jaselyn will continue to have a positive impact on those around her, especially with her Cougars team."

• Three year Edge Mountaineer, **Avril Jamieson (Soccer)**, is heading to STFX to join the X-Women Soccer program in 2025. A technically skilled goal-scoring attacker, Avril has been a standout with Calgary Foothills.

Edge Soccer Director, Alan Rickwood says: "STFX are getting a good one. Avril has worked hard and I am convinced she will be a success at the next level and have a seamless transition from scoring goals at the youth level to U SPORTS. Avril's work ethic and leadership are assets to any squad and I look forward to following her progress and success with STFX."

Kara Mitenko (U18 Female Prep) has committed to the University of Saskatchewan. Kara has been a
Mountaineer for three seasons, playing in 79 CSSHL regular season games, compiling 12 goals and 34 assists (46
points).

"Kara's dedication and pursuit of excellence, both on the ice and in the classroom, have set her apart," says Female U18 Prep Head Coach, Annette Jensen. "Her ability to excel in any situation, combined with her strong performance on the provincial academic stage, showcases her remarkable talent and work ethic on the ice and off of it. Kara has mastered the art of time management – dedicating herself to being a student of the game while also prioritizing her studies. Kara's passion for hockey is contagious, and her leadership will leave a lasting impact on her teammates at Edge."







Tevary Robson (Golf), an eight-year Mountaineer, has signed with Saint Mary's University to join the Huskies volleyball program in 2025. A standout libero, Tevary has always shone bright on the volleyball court – playing with Springbank High, the Dinos Club, and on the beach volleyball stage, representing Alberta at the 2024 U18 Beach Nationals and the 2023 Canada Games.

A multi-sport athlete, Tevary has also been a part of our golf program the last few years and was the girls team captain this season. Prior to that, she was in our Edge Hockey Skill Academy program, and played high-level hockey for nine years.

Off the court at Saint Mary's, Tevary will pursue a Bachelor of Commerce, further exemplifying her drive for excellence both on and off the court.

We wish you all the best in this next step in your academic and athletic pursuits next year.

## Jensen Recognized as CSSHL Coach of the Month



Congratulations to U18 Female Prep Head Coach, Annette Jensen, on being recognized as the CSSHL West Female Division Coach of the Month in November.

Annette was nominated by fellow CSSHL member program Balmoral Hall School program, who had the following to say:

"This month, Edge hosted the Female U18 Prep Division for a league showcase weekend, which ran incredibly smoothly. I'm nominating Annette for going above and beyond to assist another team and player in need. When we landed in Calgary, one of our players hockey bags didn't arrive with the rest of the teams, and in the morning it still wasn't anywhere to be found. I got on the phone with Annette less than six hours before game time to inquire about getting extra equipment to piece together for our player to still be able to participate in games that weekend.

Annette went above and beyond to help find gear for our player, all while she was coaching her own teams game! It's moments like these that remind us all of the importance to support each other, even if we're playing against each other in games, we're all on the same team when it comes to representing our league. Annette is a great ambassador for our league and she is very well deserving of the recognition as Coach of the Month."

# **More Hockey Skill Academy Success**

There is another championship to celebrate as some of our Grade 5 & 6 hockey skill academy student-athletes went 6-0 at the Bauer Winter Championships to take the title. The Sauce Hockey Academy squad scored 26 goals and only allowed six goals against in six games played en route to the victory.

Congrats to Eli S, Levi P, Kase L, Eric B, Eli H, Enzo F and Bennett T.











#### **CHARACTER CORNER**

## Making an Impact with MADD

On Dec. 18, Edge School hosted a powerful assembly presented by Mothers Against Drunk Driving (MADD). The presentation highlighted the real-life consequences of impaired driving and the importance of making responsible choices. Through compelling stories and impactful visuals, students were reminded of the ripple effects their decisions can have on themselves, their families, and their communities.

At Edge, character is built not only on the playing field or in the classroom but also through understanding the role we play in creating a safer, more compassionate world. The MADD assembly reinforced these values, leaving a lasting impression on everyone in attendance.



## **December High Five Award Winner**



Our high-five award recognition has a monthly draw for all students who received a high five in that month. The winner of our fourth draw is Zach Pomeroy.

"Zach was helpful staying after class to help clean up a mess he didn't necessarily make." – Ms. Fournier

Congratulations on being our December high-five draw winner, Zach!

These were some other high five nominations that came forward in December, showing the great things our student-athletes are doing:

- "Owen is a kind individual who willingly and naturally will chat up all of our Mountaineers, allowing everyone to have a moment to shine and share about themselves. He is genuine and embodies what we want an Edge student to be."
- "Sam was observed connecting with the juniors on his mountain team. He not only was asking them questions about their sport and holiday plans, but was also seen cheering them on and making them feel extra proud to be a part of his mountain team."
- "This morning, Guy saw an elementary student carrying a stack of board games, clearly in distress that the stack
  would fall. Guy put all his stuff down instantly and ran out into the hall to help his fellow Mountaineer by taking the
  stack from him and carrying it to his class for him."
- "Riley has been done an outstanding job of embracing the climb and demonstrating the grit required achieve his academic goals this semester. His hard work has not gone unnoticed and has begun to inspire to fellow Mountaineers."
- "On the road, Jordaine is always willing to help the coaches in any way. She is aware of the needs of others at all times. She is very mature and is a great role model to the younger athletes on the team."



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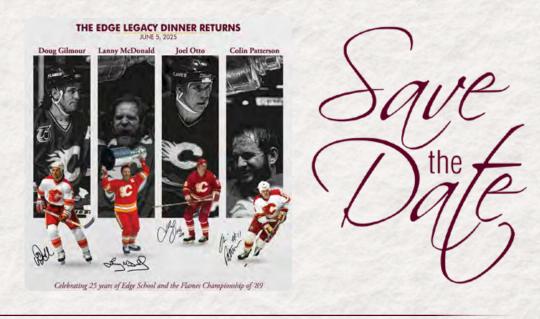




Join us on **June 5, 2025** for the return of Edge School's largest fundraising event, the **Edge Legacy Dinner!** We are excited to welcome four members of the 1989 Calgary Flames Stanley Cup Championship Team to help us celebrate our 25th Anniversary:

- Doug Gilmour
- Lanny McDonald
- Joel Otto
- Colin Patterson

Tickets go on sale in the new year with more details to come.



In celebration of our 25th Anniversary, Master Chocolat, Bernard Callebaut has created a commemorative chocolate bar. These mouth-watering, milk chocolate with Pink Himalayan Salt chocolate sensations are now available for sale!

This is a fundraising initiative with sale proceeds going to support the Edge School Endowment Fund. Chocolate bars are \$6.00 each, and can be <u>purchased online here</u> or in-person at the school (cash, credit or debit).

Our Mountaineer Blend Coffee is now available for purchase. Thanks to Edge alumnus and founder of 1UnderCoffee, Zach Martin, for creating two official Edge School Mountaineer Blend coffees. Enter promo code **EDGE25** during checkout and a portion of your purchase will be donated back to Edge! Questions? Contact Cindy Miller.





25th ANNIVERSARY COFFEE & CHOCOLATE

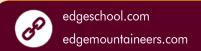
# **FUNDRAISERS**

Mountaineer Blend Coffee by One Under Coffee Commemorative Chocolate Bars by Master Chocolat Bernard Callebaut















# **MOUNTAINEER MOMENTS**



























# ALWAYS A MOUNTAINEER

#### Kondas Makes PWHL Debut, Scores Goal



Congratulations to class of 2017 grad, Jessica Kondas, <u>on making her Professional Women's Hockey League debut</u> with the Toronto Sceptres on Dec. 27 against the Boston Fleet. After an entire calendar year on the Toronto Sceptres three-player reserve list, there was finally a spot on the roster for the 24-year-old defender to make her PWHL debut.

She didn't waste time making an impact as she scored Toronto's second goal in a 4-2 win against Boston.

"I don't think people outside of our team understand how hard it is to be a reserve player and show up every day and work your rear off," said former Edge U18 Female Prep assistant coach, Blayre Turnbull (the current Sceptres team captain). "I think it says a lot about who Jess is as a teammate, to show up every single day waiting for this opportunity. She wasn't put in the game to score a goal, but for her to be rewarded that way, it's very exciting."

"I don't really have any words," Kondas said. "But I just felt good to finally get out there, and lucky enough to get a shot on net. We're all hockey players, so you're always hoping to actually be playing, but it's just part of this league."

A two-sport athlete, Jess was one of the top softball shortstops in the country at the U16 level before switching her focus to hockey full-time. She played on our U18 Female Prep team for two years, earning a scholarship to Minnesota State University. Jess was named to the WCHA conference all-academic team four years in a row at MSU.

Way to go Jess – we hope to see you suit up in more games with the Sceptres this season!



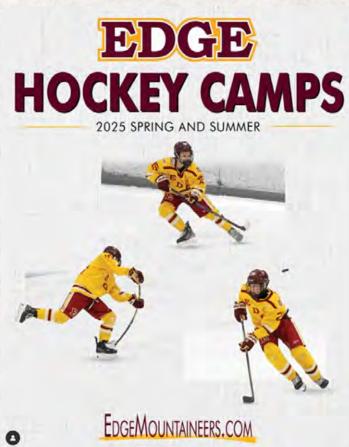






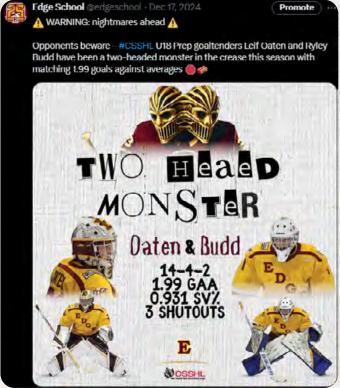
















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