



EDGE SCHOOL



**Edge Basketball  
FAQs  
2021 – 2022**



### OUR TOP 5 INFORMATION ITEMS:

1. **Our basketball staff are full-time, certified coaches and trainers** who work with your student-athlete for 10 months a year (minimum).
2. **We operate like a ‘mini-university’**, which is the best process to acclimatize the student-athlete to education and basketball within the same learning environment.
3. **The model of our school is: Academics, Athletics, & Character.** Our goal is to graduate top end student-athletes with leadership and character skills.
4. The **academic performance** of our students and teachers places us in the top 20% of schools in the province. Student-athletes are challenged to achieve **personal excellence** in academics, and will be held to a set of individual, as well as Edge School and provincial goals.
5. **Student-athletes are finished by 5:00 p.m.** All of our facilities are here, on site, at Edge School. Our daily schedule involves both academics and sport, beginning at 8:15 a.m. and running until after school, finishing at 5:00 p.m.

### EDGE SCHOOL & BASKETBALL INFORMATION (FAQs):

#### **Q: Why should I attend Edge School for Athletes for basketball?**

Edge School is committed to delivering a high performance basketball program for all of our student-athletes. With full time basketball professionals dedicated to the on court development of our players’ skills and basketball IQ, full-time strength and conditioning trainers on site in our Duckett Performance Centre, Sport Therapy Clinic, sport psychology and academic counselling, our academic staff and administration are committed to supporting our athletes specific sport goals and targets throughout their junior and high school years.

#### **Q: What is the school?**

Edge is a Grade 4-12 school, designed to integrate sport into the student-athlete’s daily schedule. In addition to basketball, we have dance, hockey, soccer, figure skating, fitness and golf as academies. We also have a Flex Program which allows athletes in different sports (skiing, luge, equestrian, etc.) to fit their training in around their academics.

#### **Q: Where is the school?**

We are located on the west side of the city, across the TransCanada Highway from Calaway Park, just before Springbank Airport.

#### **Q: Is there busing?**

There is busing which is an extra cost on top of tuition and basketball fees. Players may not require the bus everyday given their practice/training schedule.

There are specific pick-up and drop-off points. Our three bus routes begin in Okotoks, Chestermere and Airdrie, and from there serve most quadrants of Calgary.



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### **Q: How many students?**

We are a school of approximately 300 students.

### **Q: How many basketball players?**

We have ~ 30 basketball players at the school at this time, with the ongoing plan of having 4-6 teams of both male and female athletes.

### **Q: What is the male-female ratio at the school?**

It varies from grade to grade, but overall it is about a 60:40 ratio.

### **Q: What grades?**

Currently we are Grades 4-12. We also have the ability to accommodate a student doing a post grad year.

### **Q: What class sizes?**

We currently average approximately 14-20 students per class.

### **Q: How much does it cost?**

Annual tuition is currently \$17,870 for Grades 4-6, \$18,970 for Grades 7-12 and \$9,000 for Post Grads for our private schooling. There is also a required 4% of net tuition contribution to the Edge School Foundation Endowment Fund (2% for second any additional children). Team fees are additional and range between \$5,000 – \$8,770 per season, depending on the team.

### **Q: Where do my tuition and basketball fees go?**

- Private school university preparatory program with small class sizes and supportive teachers
- Competitive development opportunities
- Approx. 300 hours of individual on court development (basketball skills trainer \$60/hr.)
- Approx. 200 hours of team practice and on court concept training
- Weekly individual and team sport psychology sessions (external sports psychologist is typically \$110/hr.)
- Individual strength and conditioning program catered to our student-athletes. Our professional full-time, on site staff will guide and train them to execute their needs and adapt throughout the year (external strength and conditioning trainer is typically \$50/hr.)
- Yoga and cross training sessions
- Athletic therapists are appointed to each team. These therapists monitor and support our student-athlete's injuries or special needs on the road and at home
- All flights to league tournaments and exposure events
- All lodging accommodations while travelling
- Transportation rentals, (car, van, bus)
- Breakfast, lunch, and dinner daily while travelling
- Team building and extra-curricular activities while travelling
- All tournament and league entry fees
- All tournament and league player participation costs
- Edge team clothing such as, but not limited to, uniforms (home and away), practice uniforms, track suits, warm up top, t-shirt, hoodie, bag





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### **Q: Are there any other costs other than tuition and basketball fees?**

Extra costs include Edge wear that our student-athletes will require for daily “uniform” which is an Edge branded shirt, hoodie, jacket and whatever sport or bottoms the student prefers. There is also a \$650 Student Activity Fee which all students must pay. Busing would also be an extra cost.

### **Q: Is there financial assistance?**

There is financial assistance, based on individual families’ finances. It is not a ‘Scholarship Program’. Anne McCaffrey, our Director of Admissions is the contact for more information.

### **Q: What does a day in the life look like?**

There are four periods during the school day schedule:

#### **HIGH SCHOOL**

8:15-10:15 – Sport Period – This time could include, practice, training, mental sessions, study hall, phys-ed, video sessions, etc.

10:15-11:45 – Academic Period 1

11:45-12:15 – Lunch

12:15-1:45 – Academic Period 2

1:45-2:45 – Academic Period 3

2:45-3:15 – LEAD (Home Room)

3:30-5:00 – Practice

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1:45-2:45 – Academic Period 3

2:45-3:15 – LEAD (Home Room)

### **Q: What does a month/school year look like?**

We run a traditional school year, September – June.

### **Q: What facilities do you have on site?**

We have a fully equipped school that allows us to achieve our academic goals. We also have two NHL sized arenas, two full NBA sized gymnasiums, a full work-out facility (the Duckett Performance Centre) and a FIFA 2 Star rated turf soccer/football field. We also have five dance studios and a Youth Sport Athletic Therapy Clinic all here at the school.





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### **Q: What other support staff do you have?**

All teams have an Athletic Therapist that is in attendance at all games, and travels with the teams on the road. Each team also has assistant coaches who help with both games and practices. Our teaching staff is always willing to help out with travel schedules, and academic assistance. We also have a Sport Psychology Consultant (Dr. Matt Brown) who is a staff member at the school.

### **Q: How many teams to you have?**

We currently have four teams, a National Prep Team, a Senior Prep Team, a Varsity Prep Team, and a Female Prep Team.

### **Q: Is there billeting available? Dorms?**

There are no dorms or residences and we do not have a billeting program. Families from out of town can use the Canada Homestay Network.

### **Q: What league do you play in?**

We currently have our teams playing in the National Preparatory Association (NPA), in addition to a robust exhibition schedule of games across Canada and in the U.S. Our teams, (depending on age) will compete in various National Leagues across the country. We travel and host some of the highest exposure events in North America, in addition to scrimmages and exhibition games vs. College and University teams across Western Canada. We will also play exhibition games vs other prep schools, and high level sports academies across North America.

### **Q: How do you compare to the other programs in the league?**

There are two main program 'models' that are followed in Prep Basketball:

- Private school and basketball together
- Public school and basketball program

### **Q: Is this a strong league?**

This is a very strong league, a step above regular high school basketball. With competition across the country, the rise of Prep Basketball has taken youth basketball development in Canada to another level.

### **Q: How do you travel?**

Depending on the distance and the location, our teams travel in a variety of ways:

- Coach bus
- Fly and rental vans

This is a very similar experience/preparation for travel at the college/university level and familiarizes our student-athletes with things such as time management, academic accountability, recovery and preparation.

### **Q: How many games?**

Our teams typically play 40 games a season.





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### **Q: When do you play?**

Our seasons run from September until March. We typically play on the weekends with a few games being played during the week.

### **Q: How does that work with school?**

There is constant communication between the coaches, teachers and student-athletes to ensure academic and athletic success. Study hall is a part of the daily schedule when teams are traveling/on the road; while teachers are dedicated to ensuring our players are kept on track.

### **Q: How successful have you been?**

We are currently in year three of our program, and are host plenty of school visits from coaches and scouts, in addition to performing at a high level of league and exhibition play.

### **Q: Do your players move on?**

It is our goal to move all of our basketball student-athletes on to post-secondary. That is the goal of our academics and our athletics. Post-secondary could be within Canada, or the U.S. The player will get as much out as they are willing to put in, and we will do our best to help everyone achieve their goals. Over 25 of our basketball student-athletes have went on to NCAA or U Sports programs.

### **Q: How long is the basketball season?**

Individual on court development starts in September and ends in June. Team training and practices start mid-September and conclude end of March. We follow a complete 10 months of high performance training.

### **Q: What happens after the season is finished?**

When the season is finished we move into a 10 Week Training Block that runs from April until the end of June. This 10-week block is developed and managed by our head Strength Coach and DPC Manager, Ross McCain. Included in the program is fitness testing, strength and conditioning, speed training, agility and mobility sessions. There is both on court and off court sessions included in this phase where players can work on their individual game to help them prepare for camps, club basketball and the upcoming spring/summer season.

### **Q: Can my player still play club basketball?**

Yes, our season will end in March which allows our players to ease into their club programs easily.

### **Q: What happens in the summer?**

In July and August there is optional training at Edge.

### **Q: How do you promote your players?**

The players are highly scouted during our league play and teams also enter into exhibition tournaments across Canada and North America for further exposure.





**Q: How will this kind of program and experience make me better/get me to the next level?**

- Great facilities
- Full time basketball and training staff
- 10-month intensive program (with summer option for training also)
- Exposure across Canada and the U.S. on a regular basis
- School and sport intertwined on a daily basis
  - This equals academic accountability
- Small class sizes and, therefore, extra assistance by teaching staff who are connected to the athletic staff
- **ALL OF THIS, AND FINISHED BY 5:00 EVERY NIGHT!**

**Q: What kind of guarantees can you provide me?**

There are no promises. That being said, we do adhere to a 'development model' for our program. That is balanced against 'winning at all costs'. Coaching decisions do favour the development model in most situations; however, as the season progresses and/or during playoffs more 'performance based' decisions will be made. In the end, you must earn what you get, you are not 'entitled' to anything; you do not 'deserve' anything that isn't earned through hard work.